#### **Public Meeting Notice and Agenda**

PERRY PUBLIC LIBRARY BOARD OF TRUSTEES will hold a meeting on

#### Thursday, March 12, 2020 at 8 a.m.

in the Perry Public Library Small Meeting Room 1101 Willis Avenue, Perry, IA 50220 Please enter library by east door by the 24-hour book drop.

- 1. Roll Call
- 2. Approval of Agenda
- 3. Approval of February Meeting Minutes
- 4. Approval of March Gift Fund Claims and City Budget: Library Fund Status FY20
- 5. Unfinished Business:
  - a. Building Project
  - b. Health Initiatives
- 6. New Business:
- 7. Librarian's Report and Statistics
- 8. Board Education Payment of Library Bills
- 9. Open Forum
- 10. Next Meeting on April 9, 2019 at 8 a.m.
- 11. Adjourn

The Perry Public Library Board of Trustees met in regular session on Thursday, February 13, 2020.

Board members Mark Miller, Margaret Ruggle, Jeremy Winter, and Rosa Gonzalez were present. Heather Karolus was present via telephone. Library Director Mary Murphy and Deputy Director Misty VonBehren were also present.

President Mark Miller called the meeting to order.

Agenda – Jeremy Winter moved to approve the agenda with Margaret Ruggle seconding the motion. MCU.

Minutes – Margaret Ruggle moved and Jeremy Winter seconded a motion to approve the minutes of the January 9, 2020 meeting. MCU.

Gift Fund bills were presented with deposits and expenses explained. Rosa Gonzalez moved and Margaret Ruggle seconded a motion to approve checks #5887 - #5908 in the amount of \$5,587 from the Gift Fund. MCU. The Board reviewed the Library line items from the FY20 City of Perry Budget.

**Unfinished Business:** 

Building Project – The Board reviewed the analysis of SVPA schematic budget done by Dana Pederson of ETHOS Design Group, Inc. In summary, Ms. Pederson increased the schematic budget amount to \$323,884 from \$308,274. Her analysis included the project timeline, work plan by ETHOS associates, estimated reimbursables, and a Proposal for Professional Services. Director Murphy outlined the sources of revenue to fund the project: Grant Requests from Prairie Meadows, Dallas County Foundation, Roy J. Carver Charitable Trust, and the Bock Family Foundation, Inc; City of Perry Capital Budget for Carpet, Epoxy Resign Flooring, and maintenance of existing bathrooms; accumulated Wiese Funds; accumulated memorial funds; and the Perry Public Library Foundation. The last grant decision will not be known until June. Rosa Gonzalez moved that the Perry Public Library Board of Trustees ask the Perry Public Library Foundation for funding for the 2020 Building Project. The maximum amount of the ask would be \$209,089 reflecting a scenario where all the grants were denied to a possible minimum ask amount of \$119,216 reflecting a scenario where all grant requests are approved. Jeremy Winter seconded the motion. MCU.

City Budget for FY20-21 – In the second round of budget meetings with the City Administration, the Inventory and Supplies line item (\$1,000) was removed from the library budget line items and added to the Maintenance Manager budget. All cleaning supplies will be paid out of that budget starting in FY20/21. All other budget requests were viewed as acceptable. All capital requests were approved.

New Business: None

Librarian's Report:

**Statistics** 

First through Fifth graders are invited to join Perry Public Library staff for *Legos @ the Library*, on Wednesday, February 5, at 3:30 p.m., in the Perry Public Library meeting room. The first half-hour of the program is an activity with a theme, and the remainder of the time will be free play.

Anyone who is interested in learning more about Medicare benefits is welcome to attend a free *Medicare Basics* seminar with Aaron Thacker on Thursday, February 6, at 6:00 p.m., at Perry Public Library.

Perry Public Library will participate in the 2020 Perry Area Chocolate Walk, scheduled for Saturday, February 8, from 10:00 a.m. to 4:00 p.m. Chocolate Walkers are welcome to stop by and warm up, see what the library has to offer, and take home a chocolate treat.

\*\*\*Health Initiative Program: Crazy for Carrots – The month of February will focus on the vegetable carrots. Library Director Mary Murphy will be at the *Winter Farmer's Market* at La Poste from 10 a.m. to 4 p.m. on February 8<sup>th</sup>; at the *Take your Child to the Library* at the Library from 10 a.m. to 12:30 p.m. on February 15<sup>th</sup>; and at the *Senior Fellowship Meal* at the McCreary Center at noon to 1 p.m. on February 19<sup>th</sup>. Carrots will be available for sampling, with free bags of carrots given away along with recipes at each of these events. Each month in 2020, the library will feature a different fruit or vegetable at library programs and at the Senior Fellowship meal. Samples will be available, free take-home packages of the fruit or vegetable given away along with recipes using the fruit and vegetable.

All interested crafters are invited to meet at 6:00 p.m., Monday, February 10, at Perry Public Library for *Craft Club*. The February project will be String Art Heart. All materials are provided for participants, but registration and a \$5 materials deposit you get back at the event are required.

Perry Public Library invites patrons to participate in this year's *Take Your Child to the Library* event, scheduled for Saturday, February 15, from 10:00 a.m. to 12:30 p.m., at the library. This is a fun, family-friendly event for children up through second grade, and its purpose is to inform the public about our library and its services. Participants are encouraged to sign up for a free library card. There will be a carnival, face-painting, cookie-frosting, and each child who attends receives a free book.

Perry Public Library will be closed Monday, February 17, in observance of Presidents Day.

Monthly Book Club February Discussion - February 18

The Perry Public Library Monthly Book Club will hold their February meeting at 1:00 p.m., Tuesday, February 18, in the Clarion Room of the Security Bank Building, 1102 Willis Avenue. The selected title for discussion is *Warlight* by Michael Ondaatje.

A free *Medicare Basics* seminar with Aaron Thacker is offered on Saturday, February 22, from 10:30 to 11:30 a.m., at Perry Public Library

Perry Public Library will host a special *Cars* Party, from 5:00 to 6:30 p.m., on Monday, February 24. This program is designed for preschool and elementary school children, ages four through eight, and it will include activities, games, and a light supper, all with a *Cars* theme.

\*\*\*Health Initiative Program - The library will host a special event on heart health, at 7:00 p.m., Monday, February 24, at the Carnegie Library Museum. This program will offer free heart health screenings and a book talk of *Heart: A History* by Sandeep Jauhar. This event is funded for Perry Public Library by the *Health Initiative* grant, through the Iowa Department of Public Health. Dallas County Hospital Education Manager Sally Swenson will administer free heart health screenings at this event, and anyone interested in learning

about heart health is invited and encouraged to attend. As an ongoing healthy heart initiative, a book club set of *Heart: A History* will be available for groups and organizations to check out from the library.

Everyone is invited to attend a special Leap Year event at Perry Public Library. Join us for our February Lifelong Learners Coffee: *Leap of Faith - The Adventure of Entrepreneurship*, at 9:00 a.m., Friday, February 28, in the library meeting room. Several local businesswomen, artists, and entrepreneurs will be with us to share personal stories about starting new ventures and following a dream. We will participate in some Leap Year themed activities, enjoy free coffee and refreshments, and hold a drawing for a door prize. Don't wait another four years - celebrate Leap Year 2020 with us at this free event!

The Perry Public Library large meeting room will be open as a work area for interested crafters, Saturday, February 29, from 10:00 a.m. to 4:00 p.m. Bring your own materials, and work on your projects in our comfortable maker-space!

\*\*\*Deputy Director Misty VonBehren has been working on a library new website. It is now launched and has the same URL at <a href="www.perry.lib.ia.us">www.perry.lib.ia.us</a>. It has many new features and lots of marketing for all of our collection, services, and programs. The State Library of Iowa, which provides the software for the library website and supports the published website through their servers, is using our website as an example in classes where they teach other libraries how to build their websites.

Board Education: Project Management and Funding

The next meeting is scheduled on Thursday, March 12, 2020 at 8 a.m. in the library's small meeting room. Please enter by the east door. It will be open. The public is always welcome.

Meeting adjourned.

Respectfully submitted, Mary K. Murphy, Library Director

### Register Report 2/7/2020 through 3/5/2020

2020 Date	Account	Num	Description	Memo	Category	Amount
BALANCE 2	/6/2020					26 500 00
2/10/2020		DED	Donosit	Door Dotoro	Ciffo And Momentals	26,590.98
2/10/2020	Checking	DEP	Deposit	Dean Peters	Gifts And Memorials	50.00
				Mark&Karen Einck for		37.50
				Einck for Carol Hartm		37.50
					Gifts And Memorials	23.55
0/40/0000	01 11	<b>5</b> 044			KCups	4.00
2/10/2020		5911		.Wilford Roberts Mem		-3,653.80
2/18/2020	Checking	DEP	Deposit	Lage for L Schuhardt	Gifts And Memorials	50.00
					Donation Income	25.00
					Room Maintenance	25.00
					KCups	5.00
2/24/2020	Checking	DEP	Deposit		KCups	9.00
					Gifts And Memorials	6.00
3/2/2020	Checking	DEP	Deposit	Leland Schuhardt	Gifts And Memorials	1,480.00
					Program Fees Income	5.00
					Room Maintenance	25.00
				Shipping Copier	Reimbursements	288.00
					KCups	7.00
					Donation Income	30.00
3/2/2020	Checking	DEP	Deposit	Cash Register	PPLF	2,100.00
3/3/2020	Checking	5912	Wells Fargo		Materials:Videos	-284.49
					Materials:Children's Bo	-156.41
				Fiction	Materials:Adults	-47.93
				Nonfiction	Materials:Adults	-82.32
					Materials:HotSpot	-250.68
					Materials:Subscriptions	-34.98
					Programming	-1,016.00
				Annual Dues	Professional Developm	-75.00
					Marketing	-112.97
					Materials:Health Grant	-99.64
3/3/2020	Checking	5913	Wells Fargo		Children's SLP 2020	-148.24
					Office Supplies	-0.71
					Children's Activities	-22.26
3/3/2020	Checking	5914	Midwest Tape	Dvd 98574739	Materials:Videos	-25.78
				Dvd 98610231	Materials	-22.49
3/3/2020	Checking	5915	Ingram Library Servi		Materials:Adults	-883.14
	9			Nonfiction	Materials:Adults	-228.05
					Materials: Childrens	-268.44
					Materials:Replacements	-211.63
					Materials:Young Adult	-59.30
					Materials: Health Grant	-137.60
3/3/2020	Checking	5916	Recorded Books	76613335	Materials:ebooks	-27.00
5,5,2020	Jilookiily	0010	tooordod Dooks	76566109	Materials:eaudiobook	-42.00
				76612425	Materials:Streaming	-62.79
3/3/2020	Checking	5917	Gale / CENGAGE		Materials:Adults	-02.78 -24.69
3/3/2020	Oneoking	0311	Jaie / CENGAGE	Large Print:69964878		
2/2/2020	Chooking	E010	Forevoy	Large Print:69789898	Materials:Adults	-123.45
3/3/2020	Checking	5918	Fareway		Children's Activities	-27.99
					Afterschool Snack Exp	-7.79
					Afterschool Snack Exp Afterschool Snack Exp	-22.75 -21.46

# Register Report 2/7/2020 through 3/5/2020

/2020			ZITIZOZO UTI	ougn 3/3/2020		Pag
Date	Account	Num	Description	Memo	Category	Amount
					Health Grant Expenses	-270.00
3/3/2020	Checking	5919	Ben's Five And Dime		Craft Club	-6.30
					Craft Club	-34.92
					Children's Activities	-9.78
3/3/2020	Checking	5920	City Of Perry	February Charges	Credit Debit Card Rev	-91.40
3/3/2020	Checking	5921	Grant Professionals	Annual Dues	Professional Developm	-40.00
3/3/2020	Checking	5922	Jill Cook	Supplies	Programming	-38.49
3/3/2020	Checking	5923	Jeff Graney	Spanish Class	Programming	-100.00
3/3/2020	Checking	5924	Jeff Graney	Spanish Class	Programming	-100.00
3/3/2020	Checking	5925	Jeff Graney	Spanish Class	Programming	-100.00
2/7/2020 - 3	3/5/2020					-4,818.65
BALANCE 3	3/5/2020					21,772.33
					TOTAL INFLOWS	4,207.55
					TOTAL OUTFLOWS	-9,026.20
					NET TOTAL	-4,818.65

## Banking Summary 2/7/2020 through 3/5/2020

Category	2/7/2020- 3/5/2020
INCOME	
Donation Income	55.00
Gifts And Memorials	1,684.55
KCups	25.00
PPLF	2,100.00
Program Fees Income	5.00
Reimbursements	288.00
Room Maintenance	50.00
TOTAL INCOME	4,207.55
EXPENSES	
Afterschool Snack Expenses	52.00
Children's Activities	113.56
Children's SLP 2020	148.24
Craft Club	41.22
Credit Debit Card Revenue to City Hall	91.40
Health Grant Expenses	270.00
Marketing	112.97
Materials	22.49
Adults	1,389.58
Children's Books	156.41
Childrens	268.44
eaudiobook	42.00
ebooks	27.00
Health Grant	237.24
HotSpot	250.68
Replacements	211.63
Streaming	62.79
Subscriptions	34.98
Videos	310.27
Young Adult	59.30
TOTAL Materials	3,072.81
Memorial Table Set	3,653.80
Office Supplies	0.71
Professional Development	115.00
Programming	1,354.49
TOTAL EXPENSES	9,026.20
OVERALL TOTAL	-4,818.65

#### City of Perry Budget Perry Public Library Fund Status Report March 5, 2020

GL Budget Report: CULTURE & RECREATION - LIBRARY								
Herrican State (1988)					Pct			
Account Number	Account Title	Total Budget	YTD Unexp	YTD Balance	Expended			
GENERAL FUND								
001-410-6010	WAGES	\$176,472.00	\$121,328.34	\$55,143.66	69%			
001-410-6020	WAGES - PT	\$50,500.00	\$40,531.51	• •				
001-410-6240	TRAVEL AND CONFERENCE	\$500.00	\$720.00	· •				
001-410-6310	REPAIR & MAINTENANCE BLDG	\$1,000.00	\$1,467.58	•				
001-410-6371	UTILITIES	\$32,000.00	\$29,270.00					
001-410-6373	TELEPHONE	\$4,000.00	\$2,906.22					
001-410-6408	INSURANCE TORT/GENERAL	\$6,500.00	\$0.00					
001-410-6413	CONTRACT SERVICES	\$17,000.00	\$9,068.64					
001-410-6490	CONSULTANT & PROFESSIONAL	\$9,500.00	\$7,215.00	• •				
001-410-6506	OFFICE SUPPLY	\$5,000.00	\$3,814.97	· ·				
001-410-6508	POSTAGE & SHIPPING	\$2,500.00	\$225.20	• •				
001-410-6514	INVENTORY & SUPPLIES	\$1,000.00	\$708.33					
BENEFIT FUND								
112-410-6110	SOCIAL SECURITY	\$17,363.00	\$11,641.87	\$5,721.13	67%			
112-410-6130	IPERS	\$21,426.00	\$13,832.28					
112-410-6150	PREMIUMS HEALTH INSURANCE	\$57,352.00	\$39,887.50					
112-410-6152	PREMIUMS/LIFE/DISABILITY	\$1,089.00	\$705.16	• •				
112-410-6154	PREMIUMS/DENTAL/VISION	\$1,392.00	\$0.00	•				
112-410-6160	WORKERS COMPENSATION	\$323.00	\$281.99	· •				
CAPITAL FUNDS								
121-410-6725	CAP OUTLAY-OFFICE EQUIP	\$23,560.00	\$23,155.06	\$404.94	98%			
121-410-6770	CAP OUTLAY - LIBRARY	\$35,000.00	\$39,512.18	•				
122-410-6750	CAPITAL/BUILDING	\$40,000.00	\$39,312.18	• • • •				
122 410 0/30	CITI II TILI DOILDING	Ÿ <del>Ŧ</del> Ū,ŪŪŪ.ŪŪ	<b>Ψ</b> 31,103./3	70,010.21	. 7070			
GIFT FUND								
167-410-6520	MISCELLANEOUS	\$45,000.00	\$19,144.37	\$25,855.63	43%			
167-410-6770	CAPITAL/BOOKS	\$25,200.00	\$137.16	\$25,062.84	. 1%			
	LIBRARY TOTAL	\$573,677.00	\$396,743.15	\$176,933.85	69%			

# **Board Overview**

		EV 2019.										
	FY 2018- 2019	2020 Year to Date	Fiscal Year % Change	Jul.	Aug.	Sep.	Oct.	Nov.	Dec.	Jan.	Feb.	Last FY Feb.
Volumes Held at Start of Period	74,435		49.88%	59,031	111,990	111,395	110,694	111,032	111,269	111,413	111,564	78,708
Freegal Music Circulation	545	186	-41,49%	2	46	12	21	20	29	32	24	46
Electronic Audiobook Circulation	2,123	1,436	15.95%	234	161	163	178	164	172	187	177	188
Electronic Book Circulation	2,984	1,792	2.95%	237	213	199	197	192	252	277	225	263
Electronic Video Circulation	1	186	31786%	20	12	7	11	14	13	29	42	
Total Circulation	70,812	47,015	13.82%	7,417	5,406	5,712	6,494	5,422	5,785	5,543	5,236	5,462
Number of Borrowers at End of Period	4,880		5,45%	4,908	4,948	4,997	5,022	5,050	5.077	5.108	5,146	4.623
Library Visits	73,003	47,800	12.25%	7,347	5,530	5,293	6,888	068′9	5,160	5,255	5,437	4,769
Total Number of Reference Questions	3,484	2,251	10.76%	329	286	345	322	229	268	233	239	245
Total Number of Programs	778	524	15.46%	81	33	28	80	75	63	89	99	09
Total Number Attending Programs	21,845	9,791	-23.17%	1,832	374	787	1,560	2,911	657	783	887	785
Annual Meeting Room Hee	418	317	30.01%	36	33	45	αr	40	34	40	41	30
	2	10		2	3	2	8	2	2	2	1	3
Public Computer Usage	25,227	14,769	0.36%	1,929	1,736	1,903	2,268	1,871	1,922	1,605	1,535	1,682
Wireless Computer Usage	9,467	6,532	18.28%	791	200	780	1,023	930	899	713	969	746
Pages Viewed on Web Site	28,089	18,556	13.25%	2,888	2,138	2,035	2,327	1,974	1,721	2,559	2,914	2,188
Unique Visitors to Web Site	7,409	5,240	21.24%	662	634	989	758	654	287	695	264	601
Pages Viewed Online Catalog	26,089	10,970	-27.92%	2,304	1,710	1,745	916	1,009	939	1,048	1,299	2,967
Unique Visitors to Online Catalog	1,932	882	-21.47%	0	0	137	159	139	124	148	178	205
Wowbrary users	1,700		-2.88%	1,692	1,686	1,681	1,678	1,676	1,662	1,656	1,651	1,625
Wowbrary pages viewed	3,936	3,675	%90.09	477	320	263	470	544	374	8/9	549	331
Wowbrary Click-Thru to Catalog	1,816	1,151	8.65%	146	161	72	147	176	141	153	155	153

Statistics - Discuss at meeting.

March Madness has hit Perry Public Library with "Broccoli Brackets", a free program offered this March, as part of the 2020 Health Initiative Grant programming at the library, in partnership with Dallas County Public Health and Dallas County Hospital. To promote healthy eating habits, the library is sponsoring a Broccoli Brackets contest for broccoli recipes submitted by you - and judged by you (the public) - at a taste-testing event, at 6:30 p.m., Thursday, March 26, in the library meeting room. Everyone is invited to participate and submit a recipe with broccoli as the main ingredient to the library between March 1 and March 23.

First through Fifth graders are invited to join Perry Public Library staff for <u>Legos @ the Library</u>, on Wednesday, March 4, at 3:30 p.m., in the Perry Public Library meeting room. The first half-hour of the program is an activity with a theme, and the remainder of the time will be free play. No registration is needed to participate. For more information, call Suzanne Kestel at the library: 515-465-3569

On Thursday, March 5, at 6:30 p.m., Perry Public Library will present a program on Food Recovery. Dallas County Public Health's Abigail Chihak, Eat Greater Des Moines's Steven Williams, and Perry Public Library Director Mary Murphy will speak about Food Recovery, also called food rescue or food salvage, the practice of gleaning edible food, otherwise wasted, from restaurants, grocery stores, produce markets, dining facilities, etc., and distributing it to local emergency food programs. The library is developing a health initiatives pilot program with the lowa and Dallas County Public Health Departments, and the food recovery program at the library will include housing a refrigerator on premises to stock with recovered food, free and available to Perry area residents. The library will focus on fresh fruits and vegetables for their food recovery program. On March 5, we will have a taste-testing, a contest, and samples for everyone to take home at this free program. Everyone is welcome to attend.

The March Craft Club meeting will be at 6:00 p.m., Monday, March 9, at Perry Public Library. The March project will be Sock Gnome. All materials are provided for participants, but registration and a \$5 materials deposit (you get back at the event) are required. It is recommended you bring a scissors. Please register by March 2. All interested adults are invited to participate.

A free Medicare Basics Seminar with Aaron Thacker is offered on Saturday, March 14, 2020 from 10:30 to 11:30 a.m., at Perry Public Library. Anyone interested in learning more about Medicare benefits is welcome to attend. Please register for the session by calling the library: 515-465-3569.

<u>Spring Break Programs</u> at Perry Public Library – March 16-19 Enjoy a Spring Break staycation and attend free children's programs at Perry Public Library! Offerings include:

--Simply Electrifying (K-5<sup>th</sup> Grade) with the Science Center of Iowa, at 10:30 a.m., Tuesday, March 17;

- --Bunny Party for 2-5 year olds, at 10:30 a.m., Wednesday, March 18;
- --<u>Healthy Kids Snacks</u> with Dallas County Hospital Dietitian at 2:00 p.m., Thursday, March 19 (registration required!), and
- --<u>Family Movie: Tale of Despereaux</u>, 10:00 a.m., Friday, March 20 (Rated G, 94 minutes long).

The <u>Perry Public Library Monthly Book Club</u> will hold their March 2020 meeting at 1:00 p.m., Tuesday, March 17, in the Clarion Room, Security Bank Building, 1102 Willis Avenue, and the discussion title is *The Shadow of the Wind* by Carlos Ruis Zafon.

<u>Open Crafting</u> - The Perry Public Library large meeting room will be open as a work area for interested crafters, Saturday, March 28, from 10:00 a.m. to 4:00 p.m. Bring your own materials, <u>and work on your projects in our comfortable maker-space!</u>

Join us for the <u>March Lifelong Learners Coffee</u>, Monday, March 30, at 9:00 a.m., in the library meeting room. We welcome guest hobby painter Karon Lewis, who will talk about <u>Mastering the Art of Art</u> and share her knowledge and experience of oil and acrylic painting with us. We will learn about preparing a medium or canvas, necessary equipment, and the process of sketching a concept. Karen will share some of her artwork and offer guidance on how to get started with our own painting projects.

Health Grant Programming
Programming with ISU Extension & Outreach – Mary Krisco

#### APRIL 22

Earth Day - Composting

Pete Malmburg?

#### JUNE 9

#### **DESIGN YOUR OWN DIET!**

Learn the key points of designing a healthy diet for yourself and your family, using USDA MyPlate tools. Participants receive easy recipes, menu plans, apps, and grocery lists. Powerpoint and discussion menu planning activity.

Intended audience: Adults of any age, youth 14 and up.

JUNE 23, Pancakes with Fruit JULY 14, Grain Bowl JULY 28, Pizza IS IT WHOLE GRAIN?

This is a good question to ask as you make food choices. Learn how to identify whole grain foods and ways to add them to your meals. Discover the three steps to three servings of whole grains a day and make three whole grain dishes with fruits and vegetables: pancakes with fruit topping, veggie-quinoa bowl, veggie flatbread pizza.

Intended audience: Adults of any age

Format: Three 2-hour workshops. (They are much more fun than the series title implies.) Participant makes and samples a whole grain dish. Participate in a power point and discussion. Then set goals concerning whole grain intake.

#### SEPTEMBER 8, 15, 22, 29

#### LATINOS LIVING WELL

¡Bienvenidos! You are invited to learn how to improve your health and stay fit to reduce diabetes, heart disease, and obesity. Discover the foods that keep your body healthy, make and taste foods in class, learn how to shop smarter, and practice ways to be more physically active.

You can do it! Make changes today for a healthier tomorrow!

Intended audience: Latino adults of any age

Format: Four 2-hour workshops, can be presented in Spanish or English

#### OCTOBER 13, 20, 27

#### **HEALTHY AND HOMEMADE**

It is possible to save time and money and still prepare meals at home that are healthy, tasty, and rich in fruits and vegetables. Whether you cook for one or for a few, you will learn and practice strategies for using time, money, and skills wisely when you eat at home.

Cook Now, Enjoy Later

Discover how planning ahead can reduce stress and save money as you provide your family with nutritious, home-cooked meals.

• Cooking for One or Two

Learn strategies to make the most out of cooking for a household of one or two.

Veg Out!

Examine the benefits of vegetables, sample recipe ideas, and learn how to increase fruit and veggies in your diet.

Intended audience: Adults of any age

Format: Three 2-hour workshops; 5 topics available. All classes involve power point, discussion, activities.

#### **NOVEMBER 10**

#### KIDS AND THEIR PARENTS TALKING ABOUT FOOD

Food as a positive not negative.

#### Harnessing the Power of Iowa's Libraries Project

#### March 5, 2020 Update

Focus: Being More active and Eating 3-5 Fruits and Vegetable Each Day

- 1. Fresh Fruit and Vegetable Recovery
  - a. Food Recovery launched at the library on March 2, 2020
    - i. Received 20 red totes from ULine, they are labeled, designating them as Perry Public Library Food Recovery totes.
    - ii. Susan Kelderman is our driver. She will pick up the totes at each store on Monday, Wednesday, and Friday to deliver the rescued food to the library. Her driving, collecting of the totes, and delivery to the library is paid for by Eat Greater Des Moines (EGDM hereafter). The library will invoice EGDM for these hours. Susan will receive a check from EGDM.
    - iii. Susan has been designated as the library employee responsible for unloading the rescued food and placing it in the refrigerator or on the book cart adjacent to the refrigerator in the foyer. These hours can be charged to administration part of the grant and we will be reimbursed by the grant.
    - iv. Patron reception of the food recovered is good!
    - v. I am working on depositing the 'far gone produce' in a compost pile. Report at meeting.
  - b. Talk to Restaurants and Hispanic Grocery Store Owners about Food Recovery. on hold for now.

#### 2. Cooking Classes

- a. Kids in the Kitchen scheduled for June and July Summer Library Program
- b. ISU Extension & Outreach Mary and Mary Krisco scheduled programs, see librarian's report.
- 3. Outreach Fruit or Vegetable of the Month
  - a. February Crazy for Carrots
  - b. March Broccoli Brackets
  - c. Use of Veg. and Fruit/ in conjunction with Farmer's Market? Talked with the Chamber. We will have a special night to come to the Farmer's Market to have a booth and give away samples of selected fruits and vegetables.
    - i. Winter's Farmer's Market ---LaPoste February 8 ---Gave away 134 bags of carrots.
    - ii. Spring Farmer's Market---LaPoste March 14 ---will give away broccoli.
  - d. HyVee Dietician -----Fareway Dietician
  - e. Program at Wednesday Fellowship Meals -

- i. Mary gave short program on February 19 Fellowship meal featuring CARROTS! and gave away 55 bags of carrots.
- ii. March 18<sup>th</sup> we will give away broccoli at the Sr. Fellowship Meal.
- f. ISU Extension & OutReach Maddie & Mary attended <u>Take Your Child</u> to the library on February 15 at the library with carrots to give away and recipes. --81 bags of carrots were given away.
- g. Broccoli Brackets program on March 26<sup>th</sup> to have public taste-test the chosen 6 recipes and vote for the favorite.

#### 4. StoryWalk

- a. Permanent Installation Mary visited Redfield's StoryWalk™ on Monday Jan 27, 3 pm done, they changed story every 6 weeks, and they made their story board out of wood.
- b. Change story ~2-3 months? Most story walks use this schedule.
- c. New idea we will hold a "StoryWalk™" storytime program when the book changes in the story walk kiosks. <u>Walking Story Time</u>
- d. Possible placement and ORDERED 30 Storyboards, \$9,404.
  - i. Wiese Park Need #21
  - ii. Perkins Park Need #4
  - iii. Tree Nursery Need #1
  - iv. Soccer Complex, Walk Need #1
  - v. Pattee Park Need #2
- e. Parks and Rec to pour 60" by 60" cement pads and mount the surface-mounted posts for kiosks/story boards.
  - i. Grant expenses cement and boards, estimated to be \$2,500-3,000.
- f. Visited StoryWalk™ at Newton on February 20<sup>th</sup>, talked with Children's Librarian Phyllis Peter about details.
- g. Staff: Suzanne Kestel and Beth Schmidt to be responsible for Story and changing stories.

#### 5. Book Club

- a. NNLM Book Kits for Book Discussions Decided on 4 topics Heart Health (Feb.),
   Healthy Aging (Sept.), Mental Health(May), and Family Health History(Nov.),
  - i. Heart Health(Feb.) Ordered: Heart A History scheduled for February 24 at CLM / Sally Swenson to do Health Screenings
- b. Ordered all suggested books to preview.- Done
- c. Next Book Discussion will be in May 2020, Mental Health Month

- 6. Iowa Work Force or like presence
  - a. Presence in Perry once per month at least 4 hours
  - b. Bilingual
  - c. Other interpreters needed?
  - d. Vouchers for HIRTA Bus to go to DM Office (~\$25)
- 7. Thursday Nights in Perry Let's Move Open Streets Walk to the Farmer's Market or Park
  - a. Outreach at the Farmer's Markets-feature a fruit and vegetable to sample, to education, to inform how to prepare, to take one home.
  - b. Yoga in the Park
  - c. StoryWalk --Walk to the Farmer's Market
  - d. Walk the Trail
  - e. Walk to the Playground
  - f. Walk to DCH Walk
- 8. Score Card / Bingo Card Dallas County Public Health's Abigail Chihak made the card.
  - a. Attendance at Programs
  - b. Grand Prizes
    - i. Bike, Helmet
    - ii. Membership at McCreary Recreation Center
    - iii. Membership at Wellness Program at Dallas County Hospital
    - iv. Step Tracker
    - v. Tennis Shoes
- 9. Mary invoiced Dallas County Public Health for February Expenses. Invoice is attached along with the Grant Budget with February expenses.

# Harnessing the Power of Iowa's Libraries Project Perry Public Library Invoice for Expenditures February 28, 2020

Program	ltem	1	Amount
StoryWalk® and NatureWalks	30	Panels and Posts	9404.50
Food Rescue/Food Recovery			
	20	Totes	439.90
Health Reading Kits	Воо	ks	
	13	Heart: A History	137.60
	1	She Has Her Mothers	10.49
	1	The Secret Diary of Hen	10.79
	1	Gorilla and the Bird	14.69
	1	RX	16.29
	1	How to be a Patient	10.99
	1	Summary of Elderhood	6.99
	1	Summary Women Rowin	5.82
	1	Meh: A story about Dep	9.99
	1	Women Rowing North	11.90
Monthly Fruit/Veg Promo			
, <del>.</del>	270	Bags of Carrots	270.00
Total Expenditures			10349.95

Health Initiatives Budget with Expenses						
Programming Budget Administrative Budget	18686.00 2442.00					
Total Budget	2442.00	21128.00				
February Programming Costs						
Invoice	10349.95	10349.95				
Programming Cost	8336.05					
Administrative Costs	2442.00					
Budget after Expenses		10778.05				